



the spa

HOTEL PARK CITY

Health Club

SPA ATTIRE

Most body treatments are enjoyed without clothing; however, undergarments are welcome to be worn.

ARRIVAL

Please arrive at least 15 minutes in advance of your scheduled appointment. Arriving late could decrease the time of your treatment.

MEMBERSHIP INFORMATION

Spa memberships are available with the choice of a monthly membership (minimum 2 month commitment) or an annual benefited membership. Our fitness facility offers state of the art equipment with a clean and friendly atmosphere. The Spa offers unlimited fitness access, yoga classes, outdoor pool facility, and gender specific spa amenities.

SPA INFORMATION AND POLICIES

Reservations and Cancellations: Reserving your spa treatment in advance is highly recommended to ensure treatment availability. You may reserve your service with our Spa Reception Team by calling 435.940.5080 or via email at: Spa@hotelparkcity.com. Any cancellations or changes to your service will need to take place a full 8 **business hours** in advance or the evening prior should your service be scheduled before 5 p.m. to avoid being charged full price. A 5% spa fee is added to all spa services. Access to amenities is not included with waxing services.

Age Restrictions: Children under the age of 16 are not permitted to use the spa facilities. If under adult supervision, children under 16 are permitted to utilize the fitness facility, and pool facility. Children under the age of 16 are permitted by law to receive treatments if under direct adult supervision.

Spa Gift Cards: Available for purchase, inquire with our Spa Reception Team.

Prices and Spa Hours of Operation: Subject to change at management's discretion.

amenities include

- Dry Cedar Sauna •
- Eucalyptus Steam Room •
- Outdoor heated pool and whirlpool •
- Fitness classes •
- Club-style lockers including bathrobe and sandals for use •
- Relaxation area •

Bodywork

CBD MASSAGE (NEW)

Specifically formulated to reduce inflammation and pain associated with conditions such as arthritis, sprains and strains, muscle soreness, skin irritation and nerve inflammation. Induce deep relaxation through our CBD massage. Allow the aromatic oil and active sports creams containing eight pain relieving herbs help your body heal and rejuvenate while you relax.

SOOTHING STONE MASSAGE

Surrender to the soothing effects of warm stones, expertly manipulated to revive fatigued muscles and rebalance the body. Combined with the desired pressure, this delightful treatment calms, restores and renews.

HIGH MOUNTAIN HYDRATION

Combining our scrub and wrap this treatment will leave your skin feeling brand new. Your session will begin with the use of strawberry rhubarb brightening exfoliant and gentle dry brushing. You will be cocooned with our heavenly hydration quench, while pampered with a massage of the neck, shoulders, and scalp.

SWEET ESCAPE

This tranquil and transformational pairing of our staff's favorite services begins with a 80 min Stone massage. Expertly manipulated stones will revive fatigued muscles to allow long lasting relief from tension. Using our signature Alpine Arnica oil through this entire treatment will prepare your skin for beloved Rosemary Citron Salt Scrub to remove all dry, itchy and dull skin. Your Escape concludes with our nourishing scalp treatment using Surface hair care products so you can awaken to the rest of your day.

PURE INDULGENCE

This package combines our most requested spa treatments. Begin with a gentle brightening exfoliation, after which you will lounge in a Deep Water soak. Continue the tranquility with a 50 Minute Customized Massage followed by a Hydrating Body Wrap. You will leave balanced and refreshed. Looking for a Full Spa Day? Ask an associate for details.

RAD SPORTS MASSAGE (NEW)

This highly effective full body massage utilizes a variety of innovative RAD Massage Tools to release trigger points and tight fascia throughout the body as well as stimulate lymph drainage and blood flow. This powerful treatment improves mobility and reduces soreness. You will leave feeling unbound and refreshed for all your upcoming adventures.

COUPLES MASSAGE

Indulge in a pampering experience designed for two in a shared private suite. The therapists will consult with each guest to customize their treatment. Choose from our Customized Massage or other signature services. Try our Soothing Stone Massage or Signature Body Scrub to enjoy side by side.

CUSTOMIZED MASSAGE

Unwind with all the pampering delights of a customized massage whether you seek relief from over exerted muscles or simply want to let your mind and body escape reality. Your skilled technician will customize your massage using aromatherapy while blending techniques from Swedish to Deep Tissue to achieve absolute relaxation and rejuvenation.

EN-SUITE MASSAGE

Enjoy the luxury of a custom massage in the privacy of your Hotel Park City suite. Please contact the spa for availability.

EXPECTING MOTHERS MASSAGE

This massage is designed to increase circulation and is performed with products that soothe and nourish the skin. Alleviate tired muscles and reduce pain. Performed after the first trimester, expecting mothers will be left feeling relaxed and renewed.

Bodywork

MINI INDULGENCES

Our spa offers three 25 minute services. Choose from the Hotel Park City Signature Body Scrub, Hydrating Wrap, or the High Mountain Foot Recovery. Enjoy a targeted treatment or pair with additional spa services to extend your pampering.



HOTEL PARK CITY SIGNATURE BODY SCRUB

Treat dry, itchy, and dull skin to our ultimate exfoliating scrub. This stimulating treatment is designed to increase circulation while removing dry skin. This will leave you looking healthy and radiant.

HYDRATING BODY WRAP

This luxurious treatment begins with a light body brushing to gently exfoliate. This will prepare you for a deeply moisturizing treatment which will nourish and soothe dehydrated skin.

HIGH MOUNTAIN FOOT RECOVERY

Our therapeutic 25 minute foot massage features reflexology techniques accompanied by Farmhouse Fresh Honey Heel Glaze. This treatment provides ultimate skin hydration, relief and renewal ensuring a quick return to the mountains.

DEEP WATER SOAK

Lounge in the rejuvenating powers of Naturopathicas's Sweet Birch and Magnesium Bath Flakes. . Our full body submersion tub will allow tension to ease prior to any Spa service.

CBD MINERAL SOAK

The Powerful and healing properties of CBD combined with pure magnesium create a bath soak with exceptional effectiveness. Together they help relax sore muscles, calm nerve inflammation, and soothe itchy or dry skin.

SPA ENHANCEMENTS

Mini spa treatments that are designed to make your massage or facial feel a little more luxurious with added hydration, scent, and temperature. *As a reminder these enhancements are not stand alone treatments. See options below.*



AWAKEN SCALP TREATMENT

Feel stress and tension melt away with a relaxing scalp massage, with the use of Surface hair specialty products, leaving your hair and scalp hydrated. Enjoy the added indulgence of a warm towel compress and spa wrap.

HAND OR HEEL GLAZE

Unwind as we pair reflexology with a variety of skilled massage techniques targeted for your hands or feet. Benefit from the use of Farmhouse Fresh pineapple and papaya enzymatic exfoliation with hydration. This treatment smells as well as it works!

HYDRATION QUENCH

Replace traditional massage oil with our signature house blend. This ultra-hydrating duo of Eminence Organic Firming Coconut Lotion and Apricot Body Oil leaves your skin feeling supple, healthy and smelling great.

DRY BRUSHING

Dry Brushing is an age-old technique of exfoliating the skin with a natural bristle brush to reveal soft skin, stimulate lymph flow, and improve circulation. This treatment is completed with a Dry Brush gift to continue with your home care.

*As a reminder our Soaks must be booked with an accompanying Spa service.
Adding hydrotherapy to your day will leave you floating in bliss.

Skin Care

CUSTOMIZED FACIAL

Following a consultation and skin analysis, your Master Esthetician will design a facial to appropriately address your concerns, based on the individual needs of your skin. This treatment focuses on purifying, deep hydration as well as anti-aging. With the option for extractions, our customized facial will leave your skin refreshed and radiant. Using a superior blend of skin care products, including aromatherapy, as well as a relaxing massage of the upper body.

O2 LIFT FACIAL

Imagine releasing fresh healthy skin with a process that's both gentle and invigorating. O2 lift combines oxygen, plant-derived stem cells, peptides and specially concentrated enzymatic botanicals to deliver a premium spa experience with immediate results.

MOUNTAIN MAN SKIN CARE

This service is designed for the specific needs of a man's skin, whether you are clean shaven or take pride in your facial hair. While your skin is repaired, indulge in a relaxing massage of the upper body. Your session will include a consultation from our Master Esthetician on how to easily maintain healthy skin without being overwhelmed.

BACK FACIAL

Back facials are beneficial for both men and women in cleansing those tough to reach spots targeting a variety of skin care needs. They can detoxify clogged pores, back acne, and dehydrated skin. This treatment mimics many of the traditional techniques used for the face, and incorporates deep cleansing, gentle steaming, extractions, and a purifying mask. The back facial also includes a relaxing neck back and shoulder massage. Our master estheticians have experience with all skin types and tones, so you know you'll leave with cleaner and clearer skin! Maintaining your skin health is not only about keeping your face clear!

— we offer a number of specialized services —

LASH AND BROW TINTING
FACIAL AND BODY WAXING

For pricing please contact the spa

435.940.5080

Nail Services

CLASSIC MANICURE

This manicure includes nail shaping, cuticle care, and relaxing hand massage with Vinylux quick dry polish application.

SIGNATURE HYDRATING MANICURE OR PEDICURE

Elevate our Classic Manicure or Pedicure with 15 extra minutes of massage and a warm paraffin treatment to deeply hydrate and renew.

CLASSIC PEDICURE

Treat your feet to our classic pedicure. Beginning in a copper bowl mineral soak, your highly trained technician will provide nail and cuticle care. Your legs and feet are exfoliated while massaged with Farmhouse Fresh products. Your treatment is completed with our quick drying long lasting polish.

GENTLEMAN'S MANICURE OR PEDICURE

Enjoy all the delights of our manicures or pedicures tailored for a man. Skip the paint and receive a clean buff finish, allowing longer time for massage.



enhancements

SHELLAC ENHANCEMENT

Enhance your Manicure or Pedicure with CND Shellac. Experience the joys of high-performance wear and crystal shine with zero dry time. It's hard not to become addicted to shellac nails.

GLITTER NAILS

Make your Shellac Manicure and/or Pedicure sparkle! Glitter nails have become one of staff and guests' favorite. A little bit rebellious and very luxurious, this trend is flashy in the best possible way.

Massages

CBD Massage (new)			50 min	\$200	80 min	\$270	110 min	\$335
RAD Sports Massage (new)					80 min	\$230	110 min	\$295
Customized Massage	25 minute	\$85	50 min	\$160	80 min	\$230	110 min	\$295
Customized Couples Massage	25 minute	\$170	50 min	\$320	80 min	\$460	110 min	\$590
Expecting Mothers Massage			50 min	\$160	80 min	\$230		
Soothing Stone Massage					75 min	\$250		
En Suite Massage			50 min	\$225	80 min	\$295	110 min	\$360

Skin Care

O ₂ Signature Facial					50 min	\$180	80 min	\$225
Customized Facial			25 min	\$90	50 min	\$170	80 min	\$215
Mountain Man Skin Care			25 min	\$90	50 min	\$170	80 min	\$215
Back Facial					50 min	\$170		

Treatment Enhancements

The following enhancements can be added to any spa treatments:

Honey Heel Glaze	\$20
Awaken Scalp Treatment	\$20
Hydration Quench	\$20
Dry Brushing	\$20

Facial and Body Waxing

Brow Tint	\$20
Lash Tint	\$40
Bikini	\$55
Bikini Extended	\$85
Back	\$75
Under Arm	\$30
Half Arm	\$45
Full Arm	\$55
Half Leg	\$50
Full Leg	\$75
Brow	\$30
Nose or Chin or Ears or lip	\$20

Full Body Treatments

Pure Indulgence	110 min	\$335
Pure Indulgence Extended	140 min	\$385
Sweet Escape	105 min	\$315
Signature Body Scrub	25 min	\$85
Hydrating Body Wrap	25 min	\$85
High Mountain Foot Recovery	25 min	\$85
High Mountain Hydration	50 min	\$180
*Deep Water Soak	20 min	\$50
*CBD Mineral Soak	20 min	\$65

*As a reminder our Soaks must be booked with an accompanying body treatment

Manicure/Pedicure

Classic Manicure	30 min	\$50
Hydrating Manicure	45 min	\$65
Classic Pedicure	45 min	\$75
Hydrating Pedicure	60 min	\$90
Shellac Enhancement	20 min	\$20
Shellac Removal	15 min	\$10

Discounts cannot be combined.

Prices are subject to change at management's discretion.

A 5% amenity fee is added to all services. See Spa Brochure for full policies.

Call for your appointment

435.940.5080



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