



*the spa*

HOTEL PARK CITY

# Health Club

## SPA ATTIRE

Most body treatments are enjoyed without clothing; however, undergarments are welcome to be worn.

## ARRIVAL

Please arrive at least 15 minutes in advance of your scheduled appointment. Arriving late could decrease the time of your treatment.

## SPA INFORMATION AND POLICIES

**Reservations and Cancellations:** Reserving your spa treatment in advance is highly recommended to ensure treatment availability. You may reserve your service with our Spa Reception Team by calling 435.940.5080 or via email at: [spa@hotelparkcity.com](mailto:spa@hotelparkcity.com). Any cancellations or changes to your service will need to take place a full 8 **business hours** in advance or the evening prior should your service be scheduled before 5 p.m. to avoid being charged full price. Up to a 5% spa fee is added to all spa services. Access to amenities is not included with services less than 60 min. including waxing services or nails.

**Age Restrictions:** Children under the age of 16 are not permitted to use the spa facilities. If under adult supervision, children under 16 are permitted to utilize the fitness facility, and pool facility. Children under the age of 16 are permitted by law to receive treatments if under direct adult supervision.

**Spa Gift Cards:** Available for purchase, inquire with our Spa Reception Team.

**Prices and Spa Hours of Operation:** Subject to change at management's discretion.

## amenities include

- Dry Cedar Sauna •
- Steam Room •
- Fitness Center •
- Club-style lockers including bathrobe and sandals for use •
- Relaxation area •

# Bodywork

## **COUPLES PURE INDULGENCE:**

This package combines our most requested Spa services. The tranquility begins with Eminence's Strawberry Rhubarb brightening exfoliant paired with Dry Brushing. After which you will lounge together in a deep-water soak. Continue the Bliss with 60 or 90 minute custom massages combined with our Hydrating Body Wrap. You both will leave in-sync and refreshed.

## **COUPLES MASSAGE**

Indulge in a pampering experience designed for two in a shared private suite. The therapists will consult with each guest to customize their treatment. Choose from our Customized Massage or other Signature Services.

## **CUSTOMIZED MASSAGE**

Unwind with all the pampering delights of a customized massage whether you seek relief from over exerted muscles or simply want to let your mind and body escape reality. Your skilled technician will customize your massage using aromatherapy while blending techniques from Swedish to Deep Tissue to achieve absolute relaxation and rejuvenation.

## **EXPECTING MOTHERS MASSAGE**

This massage is designed to increase circulation and is performed with products that soothe and nourish the skin. Alleviate tired muscles and reduce pain. Performed after the first trimester, expecting mothers will be left feeling relaxed and renewed.

## **PEAK LEG REDEMPTION**

Enjoy our classic custom massage, tailored for those who need to recover from exploring the mountains of Park City. Our aromatic leg treatment is the perfect antidote for tired or overworked legs. In this massage, we use a cooling wrap to boost recovery, a blend of anti-inflammatory oils, and rejuvenating muscle and joint gels. Our signature leg wrap is soaked in a healing salt that revitalizes achy muscles. In your invigorating session, we will focus on restoring your legs to peak condition.

## **HPC SIGNATURE SERVICE**

The ultimate "Spa Day" that allows you the flexibility to tailor it to your needs. Begin with the HPC body scrub featuring Naturapatha's Rosemary Citron Salt Scrub, and our beloved Awaken Scalp Treatment. After a warm shower your renewal with continue with a customized massage, choose 60 or 90 minute duration, combined with a soothing body wrap.

## **CBD MASSAGE (NEW)**

Specifically formulated to reduce inflammation and pain associated with conditions such as arthritis, sprains and strains, muscle soreness, skin irritation and nerve inflammation. Induce deep relaxation through our CBD massage. Allow the aromatic oil and active sports creams containing eight pain relieving herbs to help your body heal and rejuvenate while you relax.

## **SWEET ESCAPE**

This tranquil and customizable pairing of our classic 60min massage with a 30min mini indulgence of your choice. Choose any **one** of the following to build your perfect Spa experience.

- The Hotel Park City Scrub
- Hydrating body wrap
- High Mountain Foot recovery
- Awaken Scalp Treatment

# Bodywork

## MINI INDULGENCES

Our spa offers 30 minute services designed to enhance and customize your spa experience. Choose from the Hotel Park City Signature Body Scrub, Hydrating Wrap, or the High Mountain Foot Recovery. Only available when coupled with any 60 minute service or greater.

o indulge o

### HPC BODY SCRUB

Treat dry, itchy, and dull skin to our ultimate exfoliating scrub. This stimulating treatment is designed to increase circulation while removing dry skin. This scrub will leave you looking healthy and radiant.

### HYDRATING BODY WRAP

This luxurious treatment begins with a light dry brushing to gently exfoliate. Followed by an application of our Hydration Quench to prepare you for your wrap to soothe/nourish dehydrated skin.

### HIGH MOUNTAIN FOOT RECOVERY

Our therapeutic 30 minute foot massage features Farmhouse Fresh Honey Heel Glaze. This treatment provides ultimate skin hydration, relief and renewal ensuring a quick return to the mountains.

### DEEP WATER SOAK

Lounge in the rejuvenating powers of Naturopathicas's Sweet Birch and Magnesium Bath Flakes. Our full body submersion tub will allow tension to ease prior to any Spa service.

### CBD MINERAL SOAK

The powerful and healing properties of CBD combined with pure magnesium create a bath soak with exceptional effectiveness. Together they help relax sore muscles, calm nerve inflammation, and soothe itchy or dry skin.

## SPA ENHANCEMENTS

Mini spa treatments that are designed to make your massage or facial feel a little more luxurious with added hydration, scent, and temperature. *As a reminder these enhancements are not stand alone treatments, and **do not** add additional time. See options below.*

o enhance o

### AWAKEN SCALP TREATMENT

Feel stress and tension melt away with a relaxing scalp massage, with the use of Surface hair specialty products, leaving your hair and scalp hydrated. Enjoy the added indulgence of a warm towel compress and spa wrap.

### HAND AND HEEL GLAZE

Unwind as we pair reflexology with a variety of skilled massage techniques targeted for your hands and feet. Benefit from the use of Farmhouse Fresh pineapple and papaya enzymatic exfoliation with hydration. This treatment smells as good as it works!

### HYDRATION QUENCH

Replace traditional massage oil with our signature house blend. This ultra-hydrating duo of Eminence Organic Firming Coconut Lotion and Apricot Body Oil leaves your skin feeling supple, healthy, and smelling great.

### DRY BRUSHING

Dry brushing is an age-old technique of exfoliating the skin with a natural bristle brush to reveal soft skin, stimulate lymph flow, and improve circulation. This treatment is completed with a [dry brush](#) gifted to you, to continue with your home care.

\*As a reminder our Soaks must be booked with an accompanying Spa service.  
Adding hydrotherapy to your day will leave you floating in bliss.

# Skin Care

## **CUSTOMIZED FACIAL**

Following a consultation and skin analysis, your Master Esthetician will design a facial to appropriately address your concerns, based on the individual needs of your skin. This treatment focuses on purifying, deep hydration as well as anti-aging. With the option for extractions, our customized facial will leave your skin refreshed and radiant. Using a superior blend of skin care products, including aromatherapy, as well as a relaxing massage of the upper body.

## **O2 LIFT FACIAL**

Imagine releasing fresh healthy skin with a process that's both gentle and invigorating. O2 lift combines oxygen, plant-derived stem cells, peptides and specially concentrated enzymatic botanicals to deliver a premium spa experience with immediate results.

## **MOUNTAIN MAN SKIN CARE**

This service is designed for the specific needs of a man's skin, whether you are clean shaven or take pride in your facial hair. While your skin is repaired, indulge in a relaxing massage of the upper body. Your session will include a consultation from our Master Esthetician on how to easily maintain healthy skin without being overwhelmed.

## **HPC SKIN RITUAL**

This perfect pairing of our Customized Facial and Back Facial is ideal for a relaxing spa treatment, with serious results. This treatment is a great way to introduce massage fans to the world of skincare, and ideal for fans of facials, who want more. Choose either a 60 or 90 minute duration and leave everything else up to us.

## **BACK FACIAL**

Back facials are beneficial for both men and women in cleansing those tough to reach spots targeting a variety of skin care needs. They can detoxify clogged pores, back acne, and dehydrated skin. This treatment mimics many of the traditional techniques used for the face, and incorporates deep cleansing, gentle steaming, extractions, and a purifying mask. The back facial also includes a relaxing neck, back, and shoulder massage. Our Master Estheticians have experience with all skin types and tones, so you know you'll leave with cleaner and clearer skin! Maintaining your skin health is not only about keeping your face clear!

## **HIGH MOUNTAIN HYDRATION**

Extend our Hydrating Body Wrap to 60mins. You will be cocooned in our heavenly Hydration Quench, while pampered with a massage of the neck, shoulders, and scalp.

— we offer a number of specialized services —

**LASH AND BROW TINTING**  
**FACIAL AND BODY WAXING**

For pricing please contact the spa

**435.940.5080**

# Nail Services

## CLASSIC MANICURE

This manicure includes nail shaping, cuticle care, and a relaxing massage using a seasonal hand cream from Farm House Fresh. Your treatment will be completed with Vinylux quick dry polish.

## CLASSIC PEDICURE

Treat your feet to our classic pedicure. Beginning in a copper bowl mineral soak, your highly trained technician will provide nail and cuticle care. Your legs and feet are exfoliated then massaged with Farmhouse Fresh products. Your treatment is completed with our quick drying long lasting polish.

## SHELLAC ENHANCEMENT

Enhance your Manicure or Pedicure with CND Shellac. Experience the joys of high-performance wear and crystal shine with zero dry time. It's hard not to become addicted to shellac nails.

## CBD PEDICURE

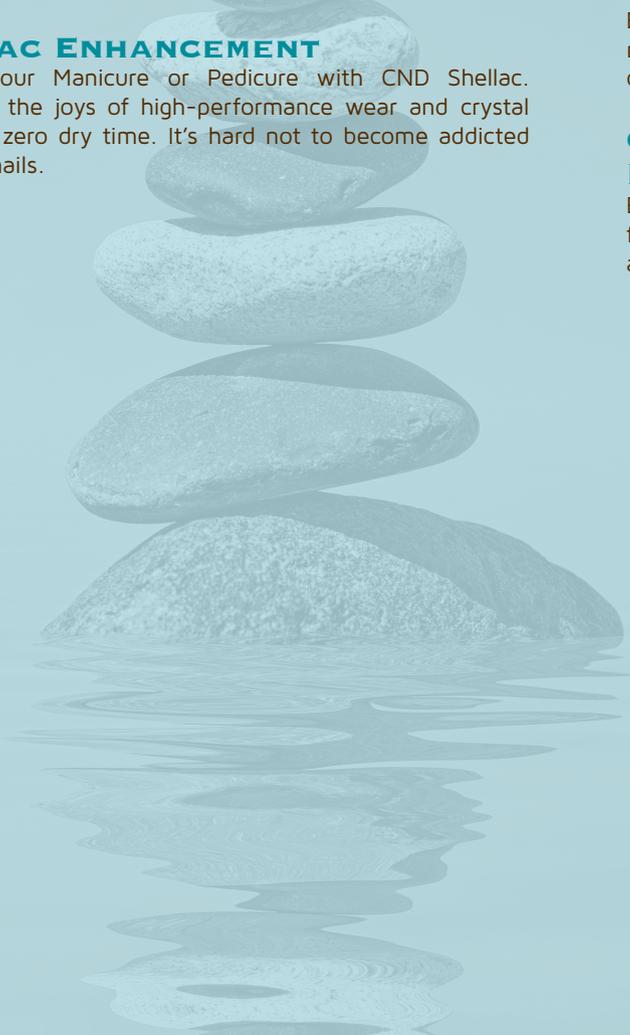
You will enjoy all the luxury from our classic pedicure with added benefits of a CBD scrub, oil, and massage cream. Begin relaxing in a pure magnesium with CBD essential oil soak. The perfect way to reduce inflammation while preparing your feet for this unique experience. This treatment is ideal for our guests seeking relief from inflamed ankles, plantar fasciitis, and/or tight calf muscles. You wouldn't have believed a pedicure could feel this good!

## SIGNATURE HYDRATING MANICURE OR PEDICURE

Elevate our Classic Manicure or Pedicure with 15 extra minutes of massage and a warm paraffin treatment to deeply hydrate and renew.

## GENTLEMAN'S MANICURE OR PEDICURE

Enjoy all the delights of our manicures or pedicures tailored for a man. Skip the paint and receive a clean buff finish, allowing longer time for massage.



## Massages

HPC Signature Service			110 min	\$370	140 min	\$415
CBD Massage	60 min	\$230	90 min	\$300	120 min	\$370
Peak Leg Redemption	60 min	\$215	90 min	\$295	120 min	\$365
Customized Massage	60 min	\$185	90 min	\$255	120 min	\$325
Customized Couples Massage	60 min	\$370	90 min	\$510	120 min	\$650
Expecting Mothers Massage	60 min	\$185	90 min	\$255		

## Skin Care

HPC Skin Ritual	60 min	\$185	90 min	\$275
O <sub>2</sub> Signature Facial	60 min	\$210	90 min	\$280
Customized Facial	60 min	\$185	90 min	\$260
Mountain Man Skin Care	60 min	\$185	90 min	\$260
Back Facial	60 min	\$195		

## Treatment Enhancements

The following enhancements can be added to any spa treatments:

Honey Heel Glaze	\$25
Awaken Scalp Treatment	\$25
Hydration Quench	\$25
Dry Brushing	\$25

## Facial and Body Waxing

Brow Tint	\$25
Lash Tint	\$45
Bikini	\$65
Bikini Extended	\$95
Back	\$85
Under Arm	\$30
Half Arm	\$45
Full Arm	\$55
Half Leg	\$50
Full Leg	\$90
Brow	\$35
Nose or Chin or Ears or lip	\$25

## Full Body Treatments

Couples Pure Indulgence	110 min	\$750
Couples Pure Indulgence Extended	140 min	\$830
Sweet Escape	90 min	\$290
Sweet Escape Extended	120 min	\$370
High Mountain Hydration	60 min	\$195
*Signature Body Scrub	30 min	\$105
*Hydrating Body Wrap	30 min	\$105
*High Mountain Foot Recovery	30 min	\$105
*Deep Water Soak	20 min	\$50
*CBD Mineral Soak	20 min	\$65

## Manicure/Pedicure

CBD Pedicure	60 min	\$115
Classic Manicure	30 min	\$55
Hydrating Manicure	45 min	\$70
Classic Pedicure	45 min	\$80
Hydrating Pedicure	60 min	\$100
*Shellac Enhancement	20 min	\$20

\*must be booked with an accompanying treatment

*Discounts cannot be combined.*

*Prices are subject to change at management's discretion.*

*A 5% amenity fee is added to all services. See Spa Brochure for full policies.*

Call for your appointment

**435.940.5080**



2001 Park Avenue, Park City, Utah 84060  
Post Office Box 683120, Park City, Utah 84068  
Spa 435.940.5080 • Hotel 435.940.5080 • Fax 435.940.5001  
[www.hotelparkcity.com](http://www.hotelparkcity.com)